

Bellasera Neighborhood News

November 2010

Electronic Edition

azbellasera.org Twelve Pages

Financial, Watering, Facebook

—By *Dennis Carson*

FINANCIAL MATTERS: A few weeks ago a friend asked me if he needed to be concerned about the community's finances. His particular fear was that many residents were not paying their quarterly dues, jeopardizing our financial well being. There is nothing to fear. Our Budget & Finance Committee has been closely monitoring this situation for over a year and made it a priority issue. We have 360 homeowners. BCA had 10 cases pending at the end of September involving receivables of \$500 or more, and totaling \$17,757. We had 15 additional cases totaling \$1,014, for a grand total of \$18,771. Although we diligently pursue collection efforts, these receivables are not a material burden on our financial well-being, considering our annual dues exceed \$ 740,000. Our collection efforts are on-going and have been successful. Total delinquencies are down significantly compared to prior months when total receivables exceeded \$30,000. Paying HOA dues is a contractual obligation of each homeowner. Not paying HOA dues is a breach of contract and is simply unfair to your neighbors and to the community.

My friend also inquired about the adequacy of our reserve funds. Like many of us, he may have read news articles about a number of communities that were suffering financial difficulties because their reserve fund was inadequate to meet their needs. Basically, these other communities did not have enough money set aside to pay for the repairs that were required to maintain the community's property. That is not a problem at Bellasera. Our reserve fund now exceeds \$900,000, which is sufficient to cover any common asset repairs or replacements that may arise in the foreseeable future. We can thank those on past Boards and Budget and Finance Committees. They made realistic assumptions about the useful life and replacement costs for our assets, and determined the appropriate level of contribution needed by our members to adequately fund our reserves to pay for ongoing obligations.

LANDSCAPE WATERING SYSTEM MAINTENANCE: Our community's facilities are starting to show the effects of age. One of the things we've found is that our common area landscape watering system is starting to show the need for more maintenance. The system has been in the ground for over 10 years and the plastic is deteriorating or being damaged by tree roots. Check out your system to make sure it is working properly and not leaking. It's amazing how quickly the water bill can spike if your system springs a leak.

FUN STUFF - FACEBOOK: The social media tool, Facebook, seems to be everywhere. Many of you may already be using it, and I'm sure many others have probably been considering checking it out. It can be a wonderful means of communicating among friends, family and business groups. I'm sure there are many like me not using it because it seems just a little too foreign to know where to begin. There are probably others who are using it, but maybe not exploiting all the options that are available. Well, here's the chance for those that do use it to maybe sharpen some skills, and those of us that do not use it to get over our fear and start. The Activity Room at the Clubhouse is reserved for **Wednesday, November 10 at 7:00 p.m. Keli Ballinger**, our resident Facebook expert, has graciously agreed to provide us with an overview. Our Clubhouse has a wireless connection to the internet. If you have a laptop and it has wireless capabilities, bring it with you and follow along. **Keli** and I look forward to seeing you there.

Dennis Carson, dmcarsen@q.com, is President of the Bellasera Board of Directors.

Meeting Notices

Board of Directors' study session will be on **Thursday, November 11**, at **6 p.m.**

Budget and Finance Committee will meet on **Thursday, December 9**, at **1:30 p.m.**

Building and Grounds Committee will meet on **Tuesday, November 2**, at **4 p.m.**

Communications Committee will meet on **Wednesday, December 8**, at **8:30 a.m.**

Modifications Committee will meet on **Tuesday, November 9**, at **3 p.m.** Applications must be received in the Community Manager's office no later than **Thursday, November 4**, at **12 noon.**

Social Committee will meet on **Tuesday, November 16**, at **6 p.m.**

Request for Interviews: "A Life After"

Dear Bellasera Friends,

I am working on a small film project and am interested in interviewing individuals who have intentionally made a significant change in their life course (examples include retiring from a CEO position early to pursue something very different like gardening, achieving a high level educational degree and deciding on a job that didn't require a degree at all, etc.). I can provide more details. If you have suggestions of individuals who have had this experience and would volunteer to be interviewed, or if this applies to you, please contact me. Thank you so much for your consideration.

Keli Ballinger, ballinger@post.harvard.edu, 617-308-4229.

Newsletter Copy Deadline

If you have meeting dates, or articles for publication, please e-mail to: editor@azbellasera.org, or turn them in to the Association office no later than the 20th of the month. The monthly newsletter is produced by the Communications Committee. The editor is **Keith Christian**, 480-463-4745.

Neither the Bellasera Community Association nor its Board of Directors provides any warranty, express or implied, as to the accuracy, timeliness, completeness, merchantability, or fitness for any particular purpose, of any information contained in this newsletter in any form or manner whatsoever.

City Of Scottsdale Brush & Bulk Collection

The city of Scottsdale will pick up brush and bulk items in the Bellasera area during the week of **Monday, November 1**, with the next pickup the week of **December 6**.

Brush and bulk items to be picked up should be at curbside by 5 a.m. at the start of the week. It will be removed during the week. For more information, contact Solid Waste Management, 480-312-5600.

Water Aerobics

Water Aerobics continues on **Monday, Wednesday, and Friday**, now from **11 a.m. to 12 noon**. Water is heated to 82 degrees. If you care to join us, call **Janet, 480-488-0259**, for a DVD of underwater camera shots.

Brown Bag Book Club

We will be meeting at the clubhouse on **Wednesday, November 17 at noon**. This month's selection is "Lacuna" by Barbara Kingsolver. Bring your lunch and join us for an interesting discussion. Contact **Karen Moore, kkmooresbcglobal**, with any questions or suggestions.

Golf Group

The Bellasera golf group has resumed play after a summer off. We play on **Tuesday** mornings about **8:00 a.m.** Those of you who played last year will be getting weekly e-mails to which we hope you will reply each week "yes or no". If you have not played in the past and would like to, you can contact us at **bellaseragolf@yahoo.com**. If you want to talk to a live person for more information you can contact **Terry Moore, 480-488-0861** or **Stew Metosky, 480-575-7480**. We will be playing the next several weeks at Dove Valley Ranch. The cost at this time of year is about \$50.

Hikers

Last month we challenged a forecast for a rainy day and 8 of us hiked the Sunrise Trail in the SE corner of the Sonoran McDowell Preserve. The hike proved to be just under 2 miles of uphill trail one-way, but it provided some really nice views to the east and southeast. We experienced a brief period of light rain, but, in general, had very nice hiking weather.

For November, I have chosen the Dixie Mine Trail in the McDowell Regional Park. This hike begins in the Fountain Hills area and is reported to be about 5.5 miles round trip over "easy" terrain. Again, we will have nice views of the McDowells and the Superstitions. I have not been on this trail, but plan to do so before the scheduled hike. I will send out a report after I explore.

I have set Monday, November 15, as the date for the November hike. Please mark your calendars. I hope most of our regular hikers will be back in town and will be able to join us for this hike. It will be nice to see everyone again. I don't believe the Bellasera group has taken this hike, so this is an opportunity for something new.

We will meet at **9:00 a.m.** on **Monday, November 15**, at the clubhouse. Watch for further information. There will be a sign-up sheet in the clubhouse, or, you can send me an e-mail, **dgbobb@cox.net**, to let me know if you can join us. **Don Bowman, 480-948-9814**.

October Weather In Bellasera

(October 1—October 29)

Highest temperature: **95**

Lowest temperature: **51**

Rainfall this month: **1.43 inch.**

Since January 1: **14.33 inches.**

Social Committee Activities

Welcome back winter residents! Oktoberfest was a fantastic evening of authentic assorted bratwurst and other German dishes that were readily consumed while enjoying the live music of costumed musicians throughout the evening. The Arizona evening was perfect with over 70 folks catching up with old ones friends and meeting new neighbors in the outdoor pool area. Many first time attendees commented that the additional signage by the front and back gates caught their attention and interest in attending the event. We hope to see more first timers at our next event New Year's Day. Oktoberfest also kicked off our WE CAN campaign collecting food items for the local food bank.

November events include the luncheon on **Thursday, November 18, 12 noon**, at the Quill Creek Cafe at the Grayhawk Golf Club, 8620 E. Thompson Peak Parkway, hosted by **Susan Loiselle**. A special Wine Tasting Tour in Sedona with Terravita Residents on **Tuesday, November 2** and a inspiring and enlightening tour of the T-Gen Medical Research Facility in downtown Phoenix on **Wednesday, November 17, 10 a.m.** Don't forget to sign up at the clubhouse for any and all of these events.

Do you have an interest in spending an afternoon at a local casino? If so, look for information in our next newsletter regarding visiting the new Talking Stick Casino in December.

MARK YOUR CALENDARS for our annual NEW YEAR's DAY BRUNCH - January 1, 11:30 a.m. A full menu of main course, appetizers, side dish and dessert will be catered. As with all events BYO champagne, wine, etc. In addition, this year the brunch goers will enjoy the extra special live entertainment planned. Given the extra expense of hosting this event the committee will request a slight surcharge with your reservation. Sign-up sheets and further information will be forthcoming.

The next Social Committee meeting is **Tuesday, November 16, 6 p.m.**

Annual Food Drive for Desert Foothills Food Bank

Help Bellasera to reach the goal of collecting 1000 pounds of food for the Foothills Food Bank by Thanksgiving. So far we've collected 140 pounds only 860 to go! The food drop box is located by the bulletin board in the clubhouse. Canned goods, pasta, cereal, peanut butter... are great items to donate. If you want to donate a turkey please drop it off with **Sharon** at the clubhouse prior to 12:30 p.m. Monday thru Friday. Thanks for your generosity!

Neighborhood News- Rezoning Applications Update

—By *Joe McDade*

As we have previously reported, two proposed Scottsdale General Plan Amendments were filed with the city of Scottsdale for properties in our area last year. The first is very close to Bellasera on the southwest corner of Lone Mountain and Scottsdale Road and the second is at the northwest corner of Pima and Dynamite Road. The General Plan Amendment proposals were withdrawn for both projects last October due to lack of support on the City Council and substituted with a text amendment to the zoning ordinance that would allow a commercial development on land zoned for family residences. The following is a status on those projects.

Lone Mountain and Scottsdale Road- On August 31, the city council voted, 5-2, to approve a text amendment allowing an 80 bed residential healthcare facility. Councilman **Bob Littlefield** and Councilwoman **Marg Nelssen** voted against the plan.

Pima and Dynamite Road- This proposal is still active and entails a hardware store, general store, gas station, flower shop and specialty restaurant. The Coalition of Pinnacle Peak (COPP) has expressed strong opposition to this development as it feels it is incompatible with the character of the area. This case will be heard on November 9 starting at 5:00 p.m. at the City Hall Kiva.

Whether you are for or against this project, we encourage you to be involved and voice your opinion.

If you would like to contact the city council, listed below are their email addresses. Refer to cases 7-TA-2009 and 38-UP-2009.

Mayor W.J. "Jim" Lane: jlane@scottsdaleaz.gov

Councilwoman Lisa M. Borowsky: lborowsky@scottsdaleaz.gov

Councilman Wayne Ecton: wecton@scottsdaleaz.gov

Councilwoman Suzanne Klapp: sklapp@scottsdaleaz.gov

Councilman Robert Littlefield: rlittlefield@scottsdaleaz.gov

Vice Mayor Ron McCullagh: rmccullagh@scottsdaleaz.gov

Councilwoman Marg Nelssen: tnelssen@scottsdaleaz.gov

Joe McDade is a member of the Bellasera Communications Committee.

Women Helping Women—Ethiopia Project 2010

2nd Annual Ladies Night Out**

**Gentlemen interested in supporting this work are graciously invited!

Join us in raising funds to provide surgery for women of Ethiopia with prolapsed uterus. The effects from prolapsed uterus are so damaging that these women cannot take care of themselves or their children and are often cast from their villages. It causes disfigurement, disability, incontinence, and pain. Each surgery costs only \$150!



Surgery gives them a new life!

Friday, November 5, 2010

6 p.m. - Silent Auction & 50/50 Raffle

8 p. m. - Live Auction

Hors d'oeuvres, wine, desserts served

“Young Ethiopian Woman”
18”x24” beautifully framed oil by
Marless Fellows
Photo by Joni Kabana
Offered for auction

Bellasera Community Clubhouse

\$25/person at the door

Cash and/or checks only

Original art pieces from Fountain Hills Artists Gallery, spa packages, golf packages, vacation homes and much more!

Questions? **Anna Ingram, 480-595-0123** or **Lori McNeill, 602-434-2828.**

STRESSED-OUT IN PAIN

Massage Therapy: What it can do for you.

MASSAGE THERAPY AND STRESS

The benefits massage therapy offers to stress relief are threefold:

- 1. Increased circulation is one of the primary benefits. Increased circulatory flow produces more oxygen to nourish the cells and helps to get rid of those "knots" we associate with tight necks and shoulders.*
- 2. Relaxation is a secondary effect of massage therapy.*
- 3. Body awareness is enhanced during massage therapy by helping us to "reconnect" our mind and body.*

MASSAGE CAN BREAK THAT PAIN CYCLE

- Massage relaxes muscles that are tight or in spasm.*
- Massage improves oxygen and nutrition flow to an area and removes the fatigue toxins that irritate nerve endings.*
- Massage finds and relaxes trigger points. It gently increases your range of motion.*

Massage is a potent medicine. There is no questions that proper massage can relax tense muscles, and decrease pain.

Relaxing therapeutic massage is available in the privacy of your home or office. For an appointment or further information contact:

Jim Birkholz *(Bellasera resident)*

Licensed Massage Therapist

480-244-9567

Resident of Scottsdale: 20 years

Education:

B.S. degree in Education from Dickinson State University.

Graduate Study - University of North Dakota and North Dakota State University.

Phoenix Therapeutic Massage College.

Employment:

Bismarck School System - 15 years, teacher and coach.

Part-time Radio Sports Broadcaster - KFYZ-Radio, Bismarck, North Dakota.

Massage Therapist - Phoenix and Scottsdale, 20 years.

Gift Certificates Available.

Massage therapy will help you achieve the look and feeling of well-being you deserve!

Healthy, Strong Bodies Begin at Bellasera - Second Session of Pilates Classes Start November 4!

The first session of Pilates is quickly coming to a close, and if you missed it, you have an opportunity to join the second session. The classes can be modified for each participant's level, so please join **Dona Perreault** as she helps you improve your strength, prevent injury, and increase your flexibility and ease of mobility.

Pilates is an ideal exercise program for any age, as it:

- * Increases core strength and stability (GREAT for golfers and tennis players!)
- * Improves posture and body alignment
- * Increases flexibility, balance and coordination
- * Improves muscular strength, tone and endurance
- * Prevents injury and relieves stress and back pain
- * Converts body fat into lean, long, toned muscles
- * Improves your overall well-being and appearance
- * Pilates is a gentle but extremely effective method of reaching over-all muscle tone with noticeable results

*"Who would have thought an exercise session could be so much fun and provide some noticeable progress in such a short time?" **Karen and Barry Weiss***

*"Dona brings abundant enthusiasm and dedication in her teaching of Pilates. My husband and I have increased limberness, balance and strength in our core! In fact, my husband feels his golf swing has improved with his newfound flexibility." **Jeannine & Gregg Dittoe***

November 4 - December 4, 2010

3 classes/wk: Monday and Wednesday @ 5:00 p.m.; Sat. @ 9:30 a.m.

Please contact **Dona Perreault** (Bellasera resident), **480-392-6566** (leave your name and number); e-mail, **dperreau@telus.net**, or sign up in the clubhouse.

Maximum 10 participants to ensure optimum participant results - so please contact Dona ASAP.

(12.50 per class if buying a package of 10 or more; 15.00 for drop-ins)



—By *Pauline Marx*

November in the Garden

Watering Considerations

Finally, it looks like our hot weather is behind us and November should bring us milder temperatures, cool nights and short days. These conditions will lull the plants into a much needed rest now through January. Some plants begin dropping a few leaves, last month's growth spurt slows and citrus fruit begins to color. Although most plants will be dormant soon, they still need to absorb water, but at a much reduced rate, since cool temperatures significantly reduce the loss of water from evaporation. When plants are dormant, they stop actively growing and roots cannot absorb nutrients due to cool soils and inactive roots. So, save your fertilizer for spring. Some specific watering tips:

Bermuda lawns- Apply one inch of water per week to Bermuda lawns. Hint: A light application of potassium in the fall will enable it to come out of dormancy.

Herbs- Water established herbs once a week or less depending on the temperature.

Vegetables- Should be watered every three days.

Bougainvillea

This is the best time of the year to plant Bougainvillea plants and, perhaps, replace any that are not doing so well.

Some general guidelines to follow:

- Plant in well-drained soil and full to reflected sun (they will not bloom well in partial shade).
- Feed them lightly in the spring and summer after planting.
- Do not over fertilize them or they will not bloom.
- In early spring, prune the bush after danger of frost to remove dead branches and keep their height in check.

Artichokes

Artichokes are exotic-looking vegetables that can be grown successfully here in Arizona. A new desert strain that is more sun-tolerant and a better producer is now available at local nurseries.

Some guidelines to follow:

- Select an area that provides ample sun and room for this large plant to grow.
- Spray to control aphids.
- Harvest buds while they are still tight and plump (the bud is actually the marketable portion of the plant). If not cut, buds soon open into thistle-like flowers that can be used in flower arrangements.

Miscellaneous

Seeds - Soaking seeds overnight in warm water helps speed germination in many species. This is especially true for hard-coated seeds like beans, beets, chervil, cilantro, dill, lavender, peas and spinach.

Frost- Watch for frosty nights, and be prepared to cover tender crops. Most cool-season vegetables are unaffected by frost.

Cleanup- November is an ideal time to clean up the entire garden. Pull weeds and take out spent annuals and vegetables which can harbor insects and diseases during the winter season.

Arizona Master Gardener **Pauline Marx** is a Bellasera resident. For questions about plants, you may call, **480-575-0404**, or e-mail, **PlantPerson@cox.net**, her.

Community Calendar—November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brush & Bulk Collection Week	1 Fitness 7 a.m. Water Aerobics 11 a.m.	2 Golf 8:00 a.m. Wine Tasting 10 a.m. Building & Grounds 4 p.m.	3 Fitness 7 a.m. Water Aerobics 11 a.m.	4	5 Fitness 7 a.m. Water Aerobics 11 a.m. Women Helping Women, 6 p.m.	6 Pilates 9:30 a.m.
7	8 Fitness 7 a.m. Water Aerobics 11 a.m. Pilates 5 p.m.	9 Golf 8:00 a.m. Modifications 3 p.m.	10 Fitness 7 a.m. Water Aerobics 11 a.m. Pilates 5 p.m.	11 Veterans Day Board Study Session 6 p.m.	12 Fitness 7 a.m. Water Aerobics 11 a.m.	13 Pilates 9:30 a.m.
14	15 Fitness 7 a.m. Hike, 9 a.m. Water Aerobics 11 a.m. Pilates 5 p.m.	16 Golf 8:00 a.m. Social 6 p.m.	17 Fitness 7 a.m. T-Gen 10 a.m. Water Aerobics 11 a.m. Book Club 12 noon Pilates, 5 p.m.	18 Luncheon 12 noon	19 Fitness 7 a.m. Water Aerobics 11 a.m.	20 Pilates 9:30 a.m.
21	22 Fitness 7 a.m. Water Aerobics 11 a.m. Pilates 5 p.m.	23 Golf 8:00 a.m.	24 Fitness 7 a.m. Water Aerobics 11 a.m. Pilates 5 p.m.	25 Thanksgiving Day	26 Fitness 7 a.m. Water Aerobics 11 a.m.	27 Pilates 9:30 a.m.
28	29 Fitness 7 a.m. Water Aerobics 11 a.m. Pilates 5 p.m.	30 Golf 8:00 a.m.				

****Bellasera Classifieds****

"ALL ABOUT CLEANING", Quality Home Cleaning Service. 2 Hrs/2 Cleaners \$89. Window Cleaning and House Sitting service. Professional and reliable. Owner-Manager "Bellasera Resident". Please visit our website: www.AllAboutCleaningArizona.com. Call **Maria Dixon** for an appointment: **480-422-3168** (office) or **480-206-5237** (cellular).

I'm looking for medium to large sized baskets, with or without handles, that are in good condition. If you have some that you can't use please call **Anna Ingram, 480-595-0123**. Thank you.

Is your casita unused? A resident, starving, neat and clean artist is looking for a casita in Bellasera to use as a studio. If you are interested, call **480-307-9851**, or e-mail, me, **slynych24@cox.net**.

Your resident handyman is back at it again! When you have need of a qualified person to make repairs at reasonable prices just call **Grant Ingram, 480-980-3889**. I'll be happy to provide many good references from fellow residents.

Are you a great Tax Accountant or know someone who is? I'm looking for an AZ tax accountant who is very experienced with small LLC businesses. Someone who can guide me through my first year or two. Call **John, 480-283-7014**.

Do you ever want or need to go out of town but you don't know what to do about your pets? Problem solved... you can hire me! I will keep them on their schedule and spend the night at your house while you are away. No more worries about the kids! Call **Cheryl, 480-544-9273**.

Many years of experience as an educator with a prestigious national award of exceptional teacher I am excited for my next career: Medical Assistant. Graduated with Honors and certified (AAMA). **Maya, 480-292-8282, 5508happynow@gmail.com**. Any leads will be gratefully appreciated.

Home Share Available: Do you have a close friend or family member that needs a place but you don't have the space? I'm looking for an adult non-smoker without pets to share my peaceful well kept 3B,3B home on N. 74th Way with me. Available December 2010, Month-Month \$875/mo. Call **John Dubuc, 480-283-7014**.

The Art of Vacationing - "Experts in the art of creating the vacation of your dreams." Specialists in River Cruises, custom vacations, points/miles-based trips, and more. Call **Pam Keystone**, "Bellasera Resident" Owner and Vacation Planner, at **480-629-5559** to help plan your next vacation.

TRUNDLE BED - LIGHT WOOD EXCELLENT CONDITION, HARDLY USED, GREAT FOR SPARE BEDROOM \$400 includes 2 mattresses, 2 night tables and lamps, bureau. Bottom mattress pops up. Call **Sheila or Mel Lavin, 480-473-0348**.

Rides to the airport for \$40 one-way, \$75 roundtrip. Contact Bellasera resident **Todd, 480-246-4013, arizonacourier10@gmail.com**.

Dog sitter wanted for darling 10 pound, 12-year old poodle in your home. November 7-19, 2010. Call **Bob, 937-307-6921**.

To delight your "Epicurean Palette," Cordon Bleu trained, **BJ Wernimont** has the answer to your Holiday Entertaining needs. From casual gatherings, sophisticated dining, brunches, hors devours, desserts, to an array of delectable Holiday sweets. You will enjoy a culinary presentation that you nor your guests will soon forget! For information and availability, inquire at **480-433-5145**.

Got something to buy, sell, want, give-away, etc.? Do business within Bellasera. Send in a classified ad — it's very affordable, in fact, it's *free*. E-mail yours to **editor@azbellasera.org**, or FAX to **815-333-2268**. Ads only accepted from Bellasera homeowners; ad copy limited to 25 words if space is limited; real estate for sale, business or commercial ads are not accepted; Editor reserves the right to edit or reject any ad.

BELLASERA COMMUNITY ASSOCIATION

**7350 E Ponte Bella Dr
Scottsdale AZ 85266-2701**

**Office: 480-488-0400
Security/Front Gate: 480-488-3663**

Internet Web Site: azbellasera.org

Community Manager : **Viola Lanam, vlanam@aamaz.com**
Administrative Assistant: **Sharon Foxworth, sfoxworth@aamaz.com**
manager@azbellasera.org

—Office Hours—
Monday thru Friday, 8:30 a.m. - 12:30 p.m.

Questions regarding your Homeowner's Association Account?
Contact AAM, LLC: 602- 906-4940
AAM, LLC Emergency : 602-647-3034 or toll free 866-553-8290

Board of Directors

board@azbellasera.org

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Vice President—**Susan Loiselle, shloiselle@cox.net**
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Treasurer— **Ted Dixon, teddixon@aol.com**
Director—**Anna Ingram, bananarama49@msn.com**
Director—**Bruce Martin, marbru@cox.net**

Committees

Budget & Finance

Ted Dixon, *Clayton Loiselle*, Carlton Rooks, Charles Schroeder, Paul Snyder

Buildings & Grounds

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Communications

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Modifications

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—— indicates committee chairperson