

Bellasera Neighborhood News

January 2009

Electronic Edition

www.azbellasera.org

Nine Pages

VIEW FENCE PAINTING, SIDE GATES

By Chuck Roach, President of the Bellasera Board of Directors

Welcome to the year 2009! I hope everyone had a joyous and safe holiday season.

Our largest and most complicated project since I've been on the Board is coming up in the spring. We will be painting the wrought-iron view fencing. This will require a great deal of communication and coordination so we've hired a consultant to assist us with this project. Our current plan is to immediately begin the bidding process in preparation for the actual work in March. The painting is expected to take approximately one month.

Since announcing this work last year at the annual meeting, we've had several comments and concerns from our residents. Those that do not wish to have their fences painted by the Association will be given the opportunity to opt out of the project. If rabbit fences are not removed or plant material is not cut back at the time our painter is ready to paint a fence-the date will be clearly communicated-we will assume the resident does not want their fence painted and they will be passed. Please note that once a fence is passed, there will be no opportunity for the resident to have the Association paint it until the next expected community-wide painting, which is estimated to be 5 years or more.

During December, approximately 140 of our members received notices to stain their side gates. I want to thank everyone who got this done. The results are evident to anyone driving around the community. I also want to recognize **Dan** and **Darlene Locke** for their efforts in staining many of the gates and helping Cactus Shadows High School with proceeds from their efforts.

If you see anything in the community you believe needs to be taken care of, please be sure and e-mail me, the Board, or our Community Manager; stop by the office; or write us a letter.

FOOD DRIVE A SUCCESS

Thank you so much for your generous contributions of food for the needy. With your help I collected over 200 pounds of food for the Foothills Food Bank! The food bank was very grateful to receive the donations. Thanks for helping to make my mitzvah project a success.

—Your neighbor, **Spencer Eisner**

BELLASERA RESIDENTS PROVIDE A MERRY CHRISTMAS

Wow - what a fantastic job we did to provide a great Christmas for a needy family. The Bellasera Social Committee thanks all those who helped out on this worthwhile project. Many people chipped in and purchased gifts as well as shopped, wrapped and delivered the presents for our adopted family. Each family member received at least one special gift and two new outfits. Thanks so much!

BELLASERA COMMUNITY ACTIVITIES

WATER AEROBICS

Water aerobics continue on **Monday, Wednesday** and **Fridays**, beginning at **11:00 a.m.**, and ending at 12 noon. A recent photo of the group is on azbellasera.org.

MONDAY NIGHT YOGA

Make your New Years Resolution to experience the amazing benefits of Hatha Yoga! Monday night Yoga - right here in Bellasera! Bring more strength, flexibility and inner calm to your life! It's from **6:00 to 7:15 p.m.** at the clubhouse. All levels welcome! Class fee \$10. Questions? Contact **Marci Sheer**, 480-488-3426, youryogamarci@gmail.com.

JAZZERCISE ON TUESDAY & THURSDAY

Jazzercise now every **Tuesday** and **Thursday** morning at **9:30 a.m.** in the clubhouse. Fee is \$35 per month (on Electronic Funds Transfer - directly from checking or credit card) or \$85 for 2 months. There's also a one-time joining fee of \$35. For more information please contact **Monica Bauer**, Jazzercise of Cave Creek, **602-315-5586** (cell) or **480-585-9440** (home).

GOLF

Calling all golfers. All golf this month will be held **Tuesdays** at Dove Valley starting at **9:00 a.m.** Dates are: **January 6, 13, 20, and 27.** Please contact **Ellen Bornstein**, 480-575-9848, embornstein7@att.net, for more information or to sign up.

LU JONG: THE FIVE ELEMENTS EXERCISE

Lu Jong is a series of Tibetan healing movements that were adapted for the West by Tulku Lama Lobsang. These simple movements balance and heal the body on a deep level, resulting in improved physical, mental and spiritual health. They are appropriate for people of all abilities.

This workshop will incorporate theory and practice. Participants will learn the Five Elements Movements, as well as concepts of Tibetan Medicine. More information, including a book and CD-rom, are available to borrow at the Bellasera Clubhouse.

Taught by **Farrah Garan**, **Wednesday, January 28, 1 - 4 p.m.**, in the clubhouse. \$45. For inquiries and registration: **Julie Stewart**, 480-203-8679, tuwanasavi@cox.net.

BOOK CLUB

On Wednesday, **January 21** at **7 p.m.** each person will read a biography, of their choosing, and share it with the group. More information: **Maureen Simpson**, 480-575-7693, maurensimpson@cox.net.

POKER NIGHT

Poker Club, **Tuesday** night, **January 13, 7:00 - 10:00 p.m.**, in the clubhouse.

Ever wanted to play poker? Sometimes it's hard to start something new or join an existing club. If you've played before, come and play again. If you want to learn, join us for some easy lessons, advice, and suggestions. This is a low-stakes game: 10 cents a bet. This is an opportunity to meet fellow residents and have three hours of fun. Give it a try!

We're having some wine and cheese for the first 2009 meeting for new and old members. Let's get acquainted and play some cards.

Sponsors are **Bruce Martin** and **Mike Ruotolo**.

BELLASERA COMMUNITY ACTIVITIES

SOCIAL COMMITTEE ACTIVITIES

Following a VERY successful and enjoyable Italian night in November, the 2nd annual New Years Day Brunch hosted close to a hundred residents. Special thanks to our outgoing chairperson, **Karen Moore**, her husband, **Terry**, and **MerryBelle Beltz** for their tireless efforts in making the past two years' activities well-received.

New committee members **Cheryl Renaud**, **Darlene Locke**, **Jo Ann Seres**, **Marci Sheer** and chair, **Suzanne Guyan** look forward to a year of bringing both familiar and new social events to the community. We meet prior to Bunko, on **Tuesday, January 13**, at **6 p.m.** We welcome anyone who is interested in helping.

January events scheduled - please sign up at the clubhouse or contact **Suzanne Guyan**, guyan1@msn.com, **480-575-1975**.

Tuesday, January 13, 7 p.m.: Bunko (\$5 per player includes dessert and prizes).

Thursday, January 22, 12 noon: Luncheon at Kona Grill, City North location.

—Upcoming—

Sunday, February 1, 4 p.m. New event, possibly recurring - Souper Sunday.

Residents will prepare homemade soup with the prize of the best soup and winning recipe to be included in the following month's Bellasera newsletter. February's soup category is a Chili Cook-Off.

Tuesday, February 10, 7 p.m.: Bunko.

Thursday, February 19: Luncheon. Location TBD.

Saturday, February 21, 6 p.m.: 70's Theme social dinner/dance. All food provided by residents. Sign up sheets will include specific 70's era food items for residents who sign up to provide.

BELLASERA HIKERS

On December 10, eight of your neighbors gathered for a hike at Spur Cross Ranch, north of Cave Creek. I was unable to attend, but received reports that the hike went well and was enjoyed by all. The hike was followed by lunch at the Cave Creek Coffee Company.

The January hike is scheduled for **Thursday, January 15**, at the Cave Creek Regional Park. Last season, we hiked the Go John trail at the park. This time we will follow the Overton trail until it intersects the Go John trail. We will return to the parking lot via the Go John trail. After the hike, we will have a picnic lunch near the parking lot. This loop hike is about 4 miles long with an elevation gain of 385 feet. I hope everyone can join us.

The weather should be cool, but don't forget to bring water and sunscreen. As usual, we will meet at **9:00 a.m.** in the clubhouse parking area. There is a \$6.00 per car fee for entry into the Cave Creek Regional Park. Please let me know if you plan to join us. You can sign up on the list in the clubhouse, or e-mail **Don Bowman**, dgbobb@cox.net.

BELLASERA BIGGEST LOSER

Are you overweight? Have you tried to stick to a weight loss program and failed? Are you ready to make this year the year to get healthy and fit? Would you like to be a part of Bellasera's Biggest Loser Club?

Here's how: 1. Sign up by **January 11** at the clubhouse, first meeting **January 11** at **6 p.m.** Rules will be discussed and agreed upon at meeting.

Proposed Rules:

1. Members need to lose 50 pounds or more to join.
2. Biggest Loser program runs January 17 - May 17.
3. Each member puts a TBD amount towards winning.
4. Person who loses the greatest percentage of weight wins.
5. Partners will be determined by choice or drawing names.
6. Bellasera Biggest Loser teams will be self directed.
7. Weekly meetings (30 minutes) to discuss goals for following week (diet, exercise, weigh in, other?)

Questions, or for more information, contact **Suzanne Guyan**, guyan1@msn.com, **480-575-1975**.

COMMUNITY NEWS BRIEFS

SCOTTSDALE NORTH MARKETPLACE RESTAURANT OPENS

New to the marketplace located just west of Bellasera is Uncle Louie—The Restaurant.

A look at the menu reveals appetizers from \$5 to \$16; salads from \$5 to \$11; soups from \$6 to \$8; pizzas for \$12 and \$18; entrees from \$18 to \$29; pastas \$14 to \$17. Full bar, 35 premium wines by the glass.

Uncle Louie is open Monday thru Thursday, 11 a.m. to 9 p.m., Friday and Saturday, 11 a.m. to 10 p.m., and Sunday from 5 to 9 p.m. Phone: **480-595-1122**.

WAS 'ACTIVITIES' — NOW 'SOCIAL'

At the December 18 meeting, the Board of Directors approved a name change for the Activities Committee. It'll now be known as the Social Committee.

The change was proposed by committee members to more accurately reflect what the committee does for the community.

Got a news item you'd like to share with the community?

Or if you're a resident with a small business, we'll publish a one-time story about your enterprise.

*E-mail yours to **editor@azbellasera.org**, drop off at clubhouse office, or FAX to **815-333-2268**.*

Editor reserves the right to edit or reject any submission.

MEETING NOTICES



Board of Directors will meet for a study session on **Thursday, January 8**, and for their regular meeting on **Thursday, January 22**. Both meetings begin at **7 p.m.**

Budget and Finance Committee will meet on **Friday, January 23**, at **2:30 p.m.**

Building and Grounds Committee will meet on **Tuesday, January 6**, at **6 p.m.**

Communications Committee will meet on **Wednesday, January 21**, at **8:30 a.m.**

Modifications Committee will meet on **Tuesday, January 13** at **2:30 p.m.** if there are applications to review. Applications must be received in the Community Manager's office no later than **12:00 noon, Thursday, January 8**, to be eligible for review at this meeting.

Social Committee will meet on **Tuesday, January 13**, at **6 p.m.**

IT ALL ADDS UP

Thank you to the 15 Bellasera residents who opted during December to receive this newsletter via e-mail, saving all of us some money. Each printed newsletter costs \$2.70 to produce and mail. So, 2.70 times 15 times 12 — adds up to \$486 of cost savings for 2009.

To join the savings bandwagon, just send an e-mail to **editor@azbellasera.org**. Beginning in February, the latest Bellasera news will be delivered to your computer. Usually about a week before the paper copy is mailed, and it'll be stored on your computer, not cluttering up your counter space.

One of the Communications Committee's goals for 2009 is to significantly reduce this mailing expense. Will *you* help us out?

--**Keith Christian**, for the Bellasera Communications Committee

MODIFICATIONS COMMITTEE VACANCIES

Modifications Committee chairperson **Jean Grutta** informed the Board of Directors at their December 18 meeting that four of the five members of this committee plan to resign in April 2009.

The Modifications Committee is the architectural and design review control for Bellasera. The committee has exclusive jurisdiction over modifications, additions, and alterations made to lots, structures and landscaping on lots to ensure compliance with the Design Guidelines. All committee members are subject to the approval of the Board of Directors.

Interested residents are urged to consider filling the void left by these pending resignations by filling out an application, which may be obtained either from the Community Manager's office, or on our web site, **azbellasera.org**.



JANUARY IN THE GARDEN

—By *Pauline Marx, Arizona Master Gardener*

The main topic for this month is frost which is timely in light of the cold temperatures we've experienced in the last week of December. During this time of year, and especially in January, you will need to not only protect your garden but take precautions when pruning.

Frost Protection

Frost tender plants and flowers - When a possible freeze is forecasted be prepared to provide protection by covering them with blankets, sheets, or frost clothes. Leave them wrapped or covered until the danger of frost is over.

Citrus- Most citrus is hardy to 25 degrees without damage unless temperatures are below 25 degrees for two hours. If such conditions are forecasted, wrap them with cloth, cardboard, or layers of newspapers, never plastic.

Cactus- The part of a cactus that is most vulnerable to freeze damage is the tip, which can be protected as follows:

- Place a Styrofoam cup over the end of the stem.
- Use a cup that is large enough to fit securely over the tip and can be removed without ripping off the spines.
- Cups can be left on for two or three days but should be removed once danger of frost is past.

Pruning

Plants- Even if plants experience severe cold damage, do not prune affected stems or leaves until the weather warms next month.

Shrubs- Do not prune shrubs this month. Wait to clear out any frost damage on shrubs until all danger of frost is past. Wait another month to prune deciduous shrubs.

Aloes- The only exception to pruning is flowering stalks on aloes which can be removed anytime because the plant will die if they are allowed to bloom. If they are cut down when they first emerge, the plant will continue to grow.

Planting

If you'd like some flowers in your garden, you can still set out transplants of *cold hardy pansy, snapdragon, calendula, candytuft, and English daisy*.

Another reminder! This is the time to plant *bare root roses*. Look for plants that are rated #1 grade. Local nurseries should have rose varieties that grow well here in the desert.

Mail order catalogs will be flooding our mailboxes soon. Look for plants that are rated for zone 8 or higher or are considered by the catalog to be particularly heat- or drought-tolerant.

Mesquites

Don't be alarmed if your Mesquite trees begin to lose their leaves this month as they will fade to yellow or brown and begin to fall off. This is normal leaf loss in these plants. While screwball mesquite is completely deciduous each year, velvet mesquite usually loses its leaves in response to cold weather, and South American mesquites lose their leaves gradually, often as the new leaves emerge.

Grass Tip: If you did not cut ornamental grasses in December, do it before the end of this month. Cut straight across the top of the bunch, leaving 6 inches of the blade above the ground.

Questions about plants? Call (480-575-0404) or e-mail (PlantPerson@cox.net) me.

COMMUNITY CALENDAR—JANUARY 2009

Sunday	Monday	Tuesday	Wednesday	Thursday 1	Friday 2	Saturday 3
				NEW YEARS DAY 2009 Brunch 11 a.m.	Fitness 7 a.m. Water Aerobics 11 a.m.	
4	5	6	7	8	9	10
Brush & Bulk Collection Week	Fitness 7 a.m. Water Aerobics 11 a.m. Yoga 6:00 p.m.	Golf 9 a.m. Jazzercise 9:30 a.m. Building & Grounds 6 p.m.	Fitness 7 a.m. Hike 9:00 a.m. Water Aerobics 11 a.m.	Jazzercise 9:30 a.m. Board Study Session 7 p.m.	Fitness 7 a.m. Water Aerobics 11 a.m.	
11	12	13	14	15	16	17
Biggest Loser 6 p.m.	Fitness 7 a.m. Water Aerobics 11 a.m. Yoga 6:00 p.m.	Golf 9 a.m. Jazzercise 9:30 a.m. Modifications 2:30 p.m. Social 6 p.m. Bunko, 7 p.m. Poker 7 p.m.	Fitness 7 a.m. Water Aerobics 11 a.m.	Hike 9 a.m. Jazzercise 9:30 a.m.	Fitness 7 a.m. Water Aerobics 11 a.m.	
18	19	20	21	22	23	24
	Fitness 7 a.m. Water Aerobics 11 a.m. Yoga 6:00 p.m.	Golf 9 a.m. Jazzercise 9:30 a.m.	Fitness 7 a.m. Communica- tions 8:30 a.m. Water Aerobics 11 a.m. Book Club 7 p.m.	Jazzercise 9:30 a.m. Luncheon 12 noon Board Meeting 7 p.m.	Fitness 7 a.m. Water Aerobics 11 a.m. Budget & Finance 2:30 p.m.	
25	26	27	28	29	30	31
	Fitness 7 a.m. Water Aerobics 11 a.m. Yoga 6:00 p.m.	Golf 9 a.m. Jazzercise 9:30 a.m.	Fitness 7 a.m. Water Aerobics 11 a.m. Lu Jong 1—4 p.m.	Jazzercise 9:30 a.m.	Fitness 7 a.m. Water Aerobics 11 a.m.	

****BELLASERA CLASSIFIEDS****

MOVING SALE: Couch, matching love seat, coffee table, end table and lamp, glass top kitchen table with four chairs and two bar stools, dining room hutch and buffet, area rugs, Indian rugs, pottery, paintings, and many decorative accessories for both indoor and outdoor areas. All in excellent condition. Prices reasonable and negotiable. Moving on January 16. CALL NOW... **Harriet** or **Bernard Katz** at **480-575-8615** or **516-661-0635**.

Wanted: Desk or writing table between 36-50 inches long; Wanted: chest of drawers no more than 40" long. Call **Myrna**, **781-710-8503**.

I will teach you to read Hebrew. Adult beginners or children who need tutoring. 21 years experience. Lessons given in your home. \$30/half-hour. Call **Myrna**, **781-710-8503**.

FOR SALE: Writing desk with two matching side tables and a matching swivel chair with adjustable pedestal base. Mission/Arts and Crafts style. \$150 or best offer. **Jessica**, **480-588-8604**.

Got something *to buy, sell, want, give-away, etc.*? *Do business within the community. Send in a classified ad.*

*E-mail yours to **editor@azbellasera.org**, or FAX to **815-333-2268**.*

Ads only accepted from Bellasera homeowners; ad copy limited to 25 words if space is limited; real estate for sale, business or commercial ads not accepted; Editor reserves the right to edit or reject any ad.

DECEMBER WEATHER IN BELLASERA

(December 1—December 29)

Highest temperature: **68**

Lowest temperature: **31**

Rainfall: **2.62 inches**

Trace of *snow* on December 26!

NEWSLETTER DEADLINE

If you have meeting dates, or articles for publication, please e-mail to: **editor@azbellasera.org**, or turn them in to the Association office no later than the 20th of the month. The monthly newsletter is produced by the Communications Committee. The editor is **Keith Christian**, **480-330-7109**.

Neither the Bellasera Community Association nor its Board of Directors provides any warranty, express or implied, as to the accuracy, timeliness, completeness, merchantability, or fitness for any particular purpose, of any information contained in this newsletter in any form or manner whatsoever.



CITY OF SCOTTSDALE BRUSH & BULK COLLECTION

The city of Scottsdale will pick up **brush and bulk items** in the Bellasera area during **the week of Monday, January 5**, and next month, the week of **Monday, February 2**.

Brush and bulk items to be picked up should be at curbside by 5 a.m. at the start of the week. It will be removed during the week.

For more information, contact Solid Waste Management, **480-312-5600**.

BELLASERA COMMUNITY ASSOCIATION
7350 E. Ponte Bella Dr., Scottsdale, AZ 85266-2701

Community Manager : Viola Lanam, vlanam@aamaz.com
Administrative Assistant: Sharon Foxworth, sfoxworth@aamaz.com

480-488-0400 • manager@azbellasera.org

—Office Hours—
Monday thru Friday, 8:30 a.m. - 12:30 p.m.

Questions regarding your Homeowner's Association Account?
Contact AAM, LLC: **602- 906-4940**
AAM, LLC Emergency : 602-647-3034 or toll free 866-553-8290

Security/Front Gate• 480-488-3663

Internet Web Site: www.azbellasera.org

Board of Directors

board@azbellasera.org

President—**Chuck Roach, crpr797@msn.com**

Vice President—**Dennis Carson, dcarson7@cox.net**

Secretary—**Bob Shriver, ra_epshriver@hotmail.com**

Treasurer—**Dennis Noone, dnoone@cox.net**

Director—**Bruce Martin, marbru@cox.net**

Director—**Hope Kirsch, hnk@kgklaw.com**

Committees

Budget & Finance

Clayton Loiselle, Dennis Noone, Carlton Rooks, Charles Schroeder

Buildings & Grounds

Paul Anetsburger, *Trish Benninger-Dixon*, Bruce Martin, Robert Miller

Communications

Dennis Carson, *Keith Christian*, Pat Manion, Joe McDade, Emily Shriver

Modifications

Anne Chernis, Jane Fay, *Jean Grutta*, Dottie Schultz, Bob Shriver

Social

MerryBelle Beltz, *Suzanne Guyan*, Hope Kirsch, Darlene Locke,

Cheryl Renaud, JoAnne Seres, Marci Sheer

—— indicates committee chairperson